

P.O Box 13241
 St. John's, NL A1B 4A5
 Canada
www.bicyclenl.com



2020 Provincial Development Team Application

If you are interested in being considered for the BNL Provincial Development Team Program, please complete the below application form and return to:

Andy Poole
 BNL Director of Youth Cycling
youthcycling@bicyclenl.com

Surname:	
First Name:	
Date of Birth:	
Are you a current member of Bicycle Newfoundland and Labrador (BNL)?	
Do you have a Provincial or UCI / CCC Race Licence?	
Residence Address:	
Contact Telephone:	
Contact Email:	
Cycling discipline focus for 2020 / 2021? (Road / MTB / Cross / TT)	
Do you participate in any other cycling disciplines?	
Years competing in cycling, if any?	
What is your proudest cycling achievement?	
What is your 2020 / 2021 Season Goal?	
Looking ahead; 3-5 Years Cycling Goals?	
Are you currently on a Training Plan?	
Do you currently have a Coach?	
If you're currently recording training efforts, how are doing this? (Strava, Zwift, Training Peaks)	



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Do you have a bicycle suitable for racing your desired discipline; Road or MTB?	
Do you have an Indoor Trainer? ²	
Do you have a Heart Rate Monitor? ²	
Do you have a Power Meter? ²	
Do you compete in any other sports, if so, please identify the sport and level?	
Is cycling your primary sport?	
Medical: Please list any illness or injury (past or present)	
Have you sustained any concussion? If so, please provide details.	
Are you willing to participate in Provincial Team Training, Program Camps and Projects?	
Are you willing to work with the BNL Canada Games Coaches?	
Do you agree to adhere to Cycling Canada's Race Clean anti-doping commitment and complete all necessary anti-doping training?	
Do you agree to uphold the values of BNL and always demonstrate leadership, sportsmanship and ethical behaviour while representing BNL?	

By signing below, I certify all information is true and correct to the best of my knowledge.

Athlete Signature:	Date Signed:

Please note that Athletes under the age of 18 require a Parent / Guardian signature and consent to provide the information in this application, and also need to provide contact details:

Parent / Guardian Signature:	Date Signed:
Parent / Guardian Contact Address:	
Parent / Guardian Contact Telephone:	
Parent / Guardian Email:	



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Notes:

1. *Thank you for taking an interest in Bicycle Newfoundland and Labrador's Provincial Development Team Program (PDTP), the purpose of the Application is to identify athletes interested in joining the 2020 – 2021 PDTP.*
2. *Please note that application questions about cycling equipment such as power meters is purely for our information. You are NOT required to have this equipment in order to be considered for the PDTP.*
3. *Due to Team Size, performance nature and coaching capacity, completion of this application does not guarantee acceptance into the Program.*
4. *BNL will review all the applications and provide athletes with a response and further guidance.*
5. *The Terms of Reference for the PDTP is to identify suitable Newfoundland and Labrador Athletes who will participate in, and benefit from the Development Team Program. Subject to performance and selection criteria, athletes will have the further opportunity to progress to the Provincial High-Performance Team (PHPT).*
6. *Athletes for the next Canada Games, due to be held in Niagara, Ontario between 6-21 August 2021, will be selected from the Provincial High-Performance Team.*
7. *To be eligible for the 2021 Canada Games, athletes are required to be between 16-20 years of age, as of December 31, 2021. However, we are interested in hearing from younger athletes who want to commit to the sport of cycling as we're also looking ahead to 2025!*
8. *Normal protocol is that athletes will be expected to reapply yearly to continue participation in the Program; it is envisaged that the next application round will be after the 2021 Canada Games.*